

why do you ask so many questions  
that spin me out in so many directions  
which way will you choose  
any choice you make you really cant loose

just take the time and look inside  
from yourself you can never really hide  
find a good place to start  
it begins it begins by opening up opening up your heart

so let the past slip away  
turn your attention to the glory of today  
no one can tell you wrong from right  
just breath together turn your face towards the light  
open up your eyes and see  
the nature of your reality  
it goes to show  
what you know  
the things you reap well you must sow

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